

I am anxious for nothing,  
but in everything,  
by prayer and petition,  
with thanksgiving, I present  
my requests to God.  
And the peace of God,  
which surpasses all  
understanding, will guard  
my heart and my mind  
in Christ Jesus.

**Philippians 4:6-9 BSB**

I cast all my anxiety on  
Jesus because He  
cares for me.  
I am alert and of  
sober mind.

**1 Peter 5:6-9 NIV**

Anxiety weighs down my  
heart, but I speak kind  
words to cheer it up.

**Proverbs 12:25 NIV**

When anxiety is great within  
me, your consolation  
brings me joy.

**Psalms 94:19 NIV**

I say to my anxious heart:  
"Be strong; fear not!  
Behold, my God will come  
with vengeance,  
with the recompense  
of God. He will come  
and save me."

**Isaiah 35:4 ESV**

I've been surrounded  
and battered by troubles,  
but I am not demoralized;  
I'm not sure what to do,  
but I know that God knows  
what to do; I've been  
spiritually terrorized, but  
God hasn't left my side; I've  
been thrown down, but  
I haven't broken.

**2 Corinthians 4:7-12 MSG**

I arise from the depression  
and prostration in which  
circumstances have kept  
me—I rise to a new life!  
I shine and am radiant  
with the glory of the Lord,  
for my light has come, and  
the glory of the Lord has  
risen upon me!

**Isaiah 60:1 AMPC**

I do not let my heart be  
troubled. I believe in God; I  
believe also in Jesus Christ.

**John 14:1 ASV**

You have left me your peace; your peace have you given to me. You do not give to me as the world gives. I will not let my heart be troubled; I will not be afraid.

**John 14:27 BSB**

I do not fear, for you have redeemed me; you have called me by my name; I am yours.

**Isaiah 43:1 CSB**

For God did not give me a spirit of timidity (of cowardice, of craven and fawning fear), but He has given me a spirit of power and of love and of calm and well-balanced mind and discipline and self-control.

**2 Timothy 1:7 AMPC**

For you hold me by my right hand— You, the LORD my God. And you say to me, 'Don't be afraid. I am here to help you.

**Isaiah 41:13 NLT**

I shall not fear: for the LORD my God he shall fight for me.

**Deuteronomy 3:22 KJV**

I fear not; I am glad and rejoice, for the LORD has done great things!

**Joel 2:21 ESV**

There is no fear in love [dread does not exist], but full-grown (complete, perfect) love turns fear out of doors and expels every trace of terror!

**1 John 4:18 AMPC**

I do not worry about tomorrow; for tomorrow will worry about itself.

**Matthew 6:34 NASB**

Despite all these things,  
overwhelming victory is mine  
through Christ, who loves me.

And I am convinced that  
nothing can ever separate  
me from God's love. Neither  
death nor life, neither angels  
nor demons, neither fears for  
today nor worries about  
tomorrow—not even the  
powers of hell can separate  
me from God's love.

**Romans 8:37-38 NLT**

The LORD is my light  
and my salvation—  
whom shall I fear?

The LORD is the  
stronghold of my life—  
of whom shall  
I be afraid?

**Psalms 27:1 NIV**

I am strong and  
courageous; I am not  
terrified or afraid. For the  
LORD my God is the one  
who will go with me;  
he will not leave me or  
abandon me.

**Deuteronomy 31:6 CSB**

I sought the LORD and He  
answered me, and rescued  
me from all my fears.

**Psalms 34:4 NASB**

Cast your cares on the  
LORD and he will sustain  
you; he will never let the  
righteous be shaken.

**Psalms 55:22 NIV**

Even though I walk  
through the darkest  
valley, I will fear no evil,  
for you are with me; your  
rod and your staff, they  
comfort me.

**Psalms 23:4 NIV**

God is my refuge and  
strength, a very present  
help in trouble.

**Psalms 46:1 ESV**

Whenever I am afraid,  
I will trust in You.

**Psalms 56:3 NKJV**

I am not anxious about my life, what I will eat, nor about my body, what I will put on.

For life is more than food, and the body more than clothing. The ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value am I than the birds!

**Luke 12:22-24 ESV**

The Lord is on my side;  
I will not fear.  
What can man do to me?

**Psalms 118:6 ESV**

The Lord is near to the brokenhearted and saves the crushed in spirit.

**Psalms 34:18 ESV**

I will have no fear of bad news; my heart is steadfast, trusting in the LORD.

**Psalms 112:7 NIV**

When the cares of my heart are many, your consolations cheer my soul.

**Psalms 94:19 ESV**

You will keep me in perfect peace because I trust in you, my thoughts are fixed on you!

**Isaiah 26:3 NLT**

You came near when I called on you;  
you said, 'Do not fear!'

**Lamentations 3:57 ESV**

When I pass through the waters, You will be with me; and through the rivers, they shall not overwhelm me; when I walk through fire I shall not be burned, and the flame shall not consume me. For YOU are the Lord my God, the Holy One of Israel, my Savior. I fear not, for You are with me.

**Isaiah 43:2-5 ESV**



You have given me power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt or harm me.

**Luke 10:19 KJV**

I let the peace that comes from Christ rule in my heart. For as members of one body I am called to live in peace. I am always thankful.

**Psalm 118:6 ESV**

Therefore I will not fear, though the earth be removed, and though the mountains be carried into the midst of the sea.

**Psalm 46:2 KJV**

Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise him again— my Savior and my God!

**Psalm 43:5 NLT**

I refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the true knowledge of God; and I lead every thought and purpose away captive into the obedience of Christ.

**2 Corinthians 10:5 AMPC**

You will keep me in perfect peace because I trust in you, my thoughts are fixed on you!

**Isaiah 26:3 NLT**

From the end of the earth will I cry unto thee, when my heart is overwhelmed: lead me to the rock that is higher than I.

**Psalm 61:2 KJV**

Why, my soul, are you so dejected? Why are you in such turmoil? Put your hope in God, for I will still praise him, my Savior and my God.

**Psalm 42:5 CSB**

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